

Homewood Health invites you...

FREE Webinar:
Understanding
the impact of
COVID-19 on your
mental health



Presented by Dr. Sandra Primiano, this session will help participants understand typical reactions and equip them with strategies for regulating their emotions, as well as providing tips to support others who may be experiencing difficulties given the unique challenges of the COVID-19 pandemic.

Details surrounding the webinar can be found below.

**Please join us for this special event during
Mental Health Week. Space is limited, register now!**



Host: Dr. Sandra Primiano



Date: Tuesday May 12th, 2020



1st Session: 10:00-11:00am (ET)

Register at: HomewoodHealth.com/covidweb2



2nd Session: 3:00-4:00pm (ET)

Register at: HomewoodHealth.com/covidweb3



Homewood Health